

Extension of Travel Health Insurance Beyond 180 Days

Memorial's travel health insurance provides emergency medical coverage to plan members who are travelling outside their province of residence for up to **180 days per trip**.

When work commitments or sabbatical leave require an employee to remain outside their province of residence for more than 180 days, travel health insurance **may be extended**, subject to approval by the insurer, Medavie Blue Cross.

Employees travelling beyond 180 days **must submit a case through my.mun.ca** to the Department of Human Resources **at least 10 days prior to departure** to arrange extended travel coverage. To apply for extended coverage, the following information is required:

- Full name of the plan member and, if applicable, the names and dates of birth of their spouse and dependent children;
- Duration of travel; and
- Written confirmation of continued coverage from the applicable provincial health plan (e.g., MCP in Newfoundland and Labrador). An application for out-of-province coverage certification is available on the [MCP website](#).

Important: To be eligible for travel health insurance coverage or an extension, the plan member, their spouse, and all dependent children **must be covered under a Canadian federal and/or provincial health and hospitalization insurance plan** (e.g., MCP in Newfoundland and Labrador).